



## APPETIZERS

**Avocado rolls** ..... \$3.50  
Red onion, tomatoes, cilantro,  
garlic & lemon juice  
*minimum order 18*

**Scallops** ..... \$4.50  
wrapped in bacon  
*minimum order 24*

**Tempura shrimp** ..... \$2.75  
*minimum order 24*

**Coconut shrimp** ..... \$3  
*minimum order 24*

**Mini Goat Cheese & Caramelized  
Onion Pizza** ..... \$30

**Hummus and Pita** ..... \$35

**Mexican Roll-ups** ..... \$45  
Cream cheese, salsa, cheddar cheese  
& green onions - 45 bite size pieces

**Bocconcini Skewers** ..... \$3  
With cherry tomatoes and basil  
*minimum order 24*

**Bacon Wrapped Brussels  
Sprouts** ..... \$50  
In a Balsamic Glaze - 30 pieces

**Sweet Chili Chicken Bites**  
with wontons, green onions & ginger  
Small tray (serves 8-10) ..... \$75  
Large tray (serves 18-20) ..... \$140

**Mini Quiches** ..... \$30  
Assorted flavours - 24 pieces

**Italian Meatballs** ..... \$50  
Homemade meatballs in a bed of red sauce  
- 24 pieces

**Small Rice Balls** ..... \$40  
Cheese/Sauce or Cheese with homemade  
Marinara sauce - 24 pieces

**Beef / Turkey Sliders** ..... \$5.50  
Served with a bun, tomatoes, pickles & red  
onions. Choice of beef or turkey.  
SEASONAL: May- September.  
*minimum order 24*

**Antipasto Platter** ..... \$100  
Prosciutto, assorted salami, assorted olives  
& grilled vegetables. In an olive oil & herb  
dressing  
**serves 18-20**

**Smoked Salmon** ..... \$6  
with capers, red onions & drizzled with olive oil  
*minimum order 20*

### Prosciutto Wraps

Pear, arugula, walnuts  
& cheese ..... \$3.50  
In Fior di latte ..... \$3  
*minimum order 24*

## SALADS

**Spring Mix Salad**  
with tomatoes, red onions  
& cucumbers  
Small ..... \$35  
Large ..... \$70

**Caesar Salad**  
With croutons and bacon bits  
Small ..... \$35  
Large ..... \$75

**Greek Salad**  
With romaine, tomatoes, kalamata  
olives, red onions & cucumbers  
Small ..... \$40  
Large ..... \$80

**Tabouleh**  
Freshly chopped parsley, tomatoes,  
green onions, mint & cracked wheat  
dressed with lemon juice, olive oil  
& salt Small ..... \$50

**Kale Salad**  
with avocados, tomatoes, red  
onions, cucumber & chickpeas.  
With a fresh lemon herb dressing  
Small ..... \$40  
Large ..... \$75

**Mandarin Salad**  
with crispy lettuce, mandarin  
oranges, almonds & red onions  
Small ..... \$35  
Large ..... \$75

**Mediterranean Quinoa Salad**  
with red onions, olives, tomatoes,  
& fresh feta in a red wine dressing  
Small ..... \$45  
Large ..... \$90

**Bocconcini Salad**  
with avocado, tomatoes, cucumbers,  
black olives & red onions  
Small ..... \$50  
Large ..... \$100

**Arugula Salad**  
with fresh pear slices, beets, goat  
cheese, & candied walnuts  
Small ..... \$40  
Large ..... \$80

**Beet Salad**  
with goat cheese, apples, red onions &  
toasted almonds, in a citrus dressing.  
Small ..... \$40  
Large ..... \$75

**California Salad**  
With mixed greens, caramelized pecans,  
strawberries & goat cheese  
Small ..... \$40  
Large ..... \$80

**Cauliflower Salad**  
Baked cauliflower with celery, peppers,  
onion & tomatoes in a lemon garlic  
dressing  
Small ..... \$35  
Large ..... \$75

**Greek Pasta Salad**  
with peppers, onions, olives, carrots & feta  
Small ..... \$35  
Large ..... \$70



# MEAT & FISH

Stuffed Chicken Breast ..... \$7.50  
with goat cheese, peppers & caramelized onions. *minimum order 10*

Chicken Parmigiana ..... \$6.50  
Veal Parmigiana ..... \$7  
*minimum order 10*

Chicken Breast  
in a white wine mushroom gravy ..... \$7  
in a lemon gravy ..... \$7  
in a butter wine sauce ..... \$7  
*minimum order 10*

Veal ..... \$7.50  
In a white wine mushroom gravy  
*minimum order 10*

Sausages and Peppers  
Small (10-12 people) ..... \$45  
Large (15-18 people) ..... \$90

Chicken Shish Kabob ..... \$9  
Beef Shish Kabob ..... \$10  
*minimum order 20*

Shrimp, Calamari, Mussels, Lobster & Crab  
Choice of red sauce or a garlic butter sauce  
Small (8-10 people) ..... \$200  
Large (12-15 people) ..... \$375

Chicken Cordon Bleu ..... \$7.50  
Stuffed with swiss cheese and ham

Fried Calamari  
Small (8-10 people) ..... \$100  
Large (12-15 people) ..... \$160  
*Add Shrimp \$40*

Shepherd's Pie  
Homemade mashed potatoes with fresh ground meat, corn, peas & carrots  
Small ..... \$50  
Large ..... \$100

Sweet Potato Shepherd's Pie  
Homemade mashed sweet potatoes with fresh ground meat, corn, peas & carrots  
Small ..... \$50  
Large ..... \$100



Shrimp and Quinoas  
with fresh basil, caramelized onions, garlic & cherry tomatoes  
Small ..... \$70  
Large ..... \$140

Mini 5" Pot Pie  
Chicken ..... \$8  
Veggie ..... \$7  
Chunky Beef ..... \$9

Salmon, Filet of Sole or Basa  
Grilled or battered.  
Market Price - inquire for pricing.

# PASTA *add grilled chicken to any pasta dish: \$4 per person*

Lasagna  
Meat or Veggie  
Small (6-9 servings) ..... \$50  
Large (20-24 servings) ..... \$100

Rice  
with mixed vegetables  
Small ..... \$35 / Large ..... \$70

Orecchiette with Rapini & Sausage ..... \$6

Penne  
In a fresh tomato & goat cheese sauce ..... \$5  
In a vodka sauce ..... \$5  
In a creamy pesto sauce ..... \$5  
In a truffle mushroom sauce ..... \$7

Gnocchi ..... \$5.00  
Choice of red sauce or rosé sauce

Cannelloni  
Stuffed with fresh ground meat or ricotta cheese  
Small (10 pieces) ..... \$40  
Large (22 pieces) ..... \$80

Tortellini ..... \$5.50  
Choice of red sauce, rosé sauce or creamy pesto

# VEGETABLES

NEW - Rapini, Beans and Potatoes  
Small ..... \$40 / Large ..... \$80

Roasted Potatoes  
Small ..... \$35 / Large ..... \$70

Broccoli and Carrots  
In an olive oil and herb dressing  
Small ..... \$35 / Large ..... \$70

Rapini  
In a garlic and olive oil dressing  
Small ..... \$35 / Large ..... \$70

Romano Beans  
With garlic, onions, cherry tomatoes & red peppers  
Small ..... \$35  
Large ..... \$70

Grilled Vegetables ..... \$5  
Peppers, zucchini & eggplant

Quinoa  
with sautéed mixed vegetables  
Small ..... \$40  
Large ..... \$80

Eggplant Parmigiana  
Small (6-9 servings) ..... \$50  
Large (20-24 servings) ..... \$100

Carrots and Green Beans  
Small ..... \$35  
Large ..... \$70

Roasted Seasonal Vegetables  
Sweet potatoes, brussels sprouts, asparagus & beans  
Small ..... \$40  
Large ..... \$80

# SANDWICHES

Breaded Chicken Cutlet ..... \$8.50  
Breaded Veal Cutlet ..... \$9.50  
Baked Eggplant ..... \$7

Additional Toppings available:  
Peppers, Onions, Mozzarella Cheese,  
Hot Peppers and Mushroom.  
..... 0.75 per topping

All sandwiches come with a bun, sauce and topping on the side.  
*minimum order 10*

# PLATTERS

Fresh Baguette Sandwich Tray  
Cold cuts, tuna and egg  
15 pieces ..... \$60

Assorted Wraps Tray  
Cold cuts, tuna and egg  
15 pieces ..... \$60

Vegetables & Dip  
with homemade veggie dip  
Large ..... \$50

Fresh Fruit Platter  
Large ..... \$60

Assorted Dessert Tray  
Large ..... \$60

Dinner Rolls & Butter ..... \$1.50  
Pop ..... \$1.75  
Water ..... \$1.25

Plates, Fork, Knife and Napkin  
per person ..... \$1.50